

FALL SPORTS PRACTICES
2009

All athletes interested in participating in fall sports must have the following on file with the athletic department before they will be allowed to practice.

1. Valid physical on file with the school nurse (physicals are valid for one calendar year).
(ALL FRESHMEN WHO WILL BE TAKING SUMMER SCHOOL P.E. CLASSES MUST HAVE A PHYSICAL ON FILE BEFORE YOU CAN ENROLL).
2. Signed parent permission form on file with Athletic Director
3. Current medical emergency card on file with Athletic Director
4. Proof of custody if student's parents are divorced
5. Athletes are subject of IHSA and D211 academic eligibility requirements that can be found on the District's website.

In addition, all freshmen, sophomore, junior and senior fall athletes will have a mandatory **MEET THE TEAM** meeting with their respective fall coaches before the first contest date. The athlete and one parent are required to attend. Fall coaches will schedule the time and place of their meeting.

All forms are available in the Athletic Director's office and in the Main office from 7:30 a.m. to 4:00 p.m., Monday thru Thursday, and 7:30 a.m. to 1:00 p.m on Friday. Initial tryouts and practices are as follows:

GIRLS

Cross Country (All)	August 12	8:00 A.M.	Outside Gym Entrance
Golf (All)	August 12	10:00 A.M.	Teacher's Lounge
Swimming & Diving (All)	August 12	8:00 A.M.	Swimming Pool
Tennis (All)	August 12	8:00 A.M.	Tennis Courts
Volleyball (All)	August 12	8:00 A.M.	Main Gym

BOYS

Cross Country (All)	August 12	8:00 A.M.	Outside Gym Entrance
Football (Var)	August 12	7:30 A.M.	East Gym
Football (Soph)	August 12	8:00 A.M.	East Gym
Football (Fr Equip & Prac)	August 12	8:30 A.M.	East Gym
Golf	August 12	6:45 A.M.	Twin Lakes
Soccer (All)	August 12	8:00 A.M.	Auditorium

Athletes are reminded that they must have a new physical turned in every year. (Note: Freshmen should already have their physical turned in for registration). All forms need to be cleared by the school nurse. Fall athletes are encouraged to get their paperwork in to the nurse early (July 31) in order to be cleared by the nurse and processed through the athletic office **before** a student/athlete will be allowed to participate. Picture Day is scheduled for Saturday, August 22 from 7:10 a.m. until noon.

We hope to see you become a Pirate!